CDC SIP: Cancer Survivorship Care Plan (SCP) Pilot Study

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**Synopsis:** The 2007 Institute of Medicine report, *From Cancer Patient to Cancer Survivor: Lost In Transition*, identified survivorship care plans (SCP) as a tool to facilitate the transition for cancer patients ending active treatment. In addition, the American College of Surgeons Commission on Cancer standards will be requiring Survivorship Care Plans for patients next year and this will be part of their accreditation requirements. We will study the development, implementation and evaluation of survivorship care plans in colon cancer survivors, to help identify barriers that may be faced in the long term implementation process. This is a cross sectional study involving 120 Stage I-III colon cancer survivors that have completed treatment (surgery, with or without chemotherapy) anytime in the last year. All patients will receive a survivorship care plan as part of the new standard of care and, those that give permission to be contacted will participate in a 30 minute telephone interview at two and 12 weeks after receiving the SCP. Primary care providers will complete a brief (paper and pencil survey when they receive a copy of the SCP.

**Eligibility:** Stage I-III colon cancer survivors within 12 months of diagnosis treated at UNC and their primary care providers. Patients must be > 21 years old and able to speak English.

**Process:** Newly diagnosed patients will be identified by the schedulers on a weekly basis and followed by the study program manager. When treatment ends, the provider will be notified (by a note on the patient clinic sheet), that the patient is eligible to receive a SCP. The next appointment should be made with the surgical or medical NP for an afternoon appointment (this will be facilitated by the Study Program Manager). In the meantime, the study oncology nurse (a certified oncology nurse already working at UNC-CH) will develop the SCP and have it reviewed by either the surgical or medical oncology nurse practitioner for accuracy before delivery.

In addition, to capture other colon cancer survivors within 12 months from diagnosis, the Study Program Manager will review pathology reports from the tumor registry and weekly schedules of the GI oncology providers. The same process will be followed in developing and delivering the SCP.

Permission will be sought to contact the patient at the end of delivering the SCP. They will be given an IRB approved fact sheet about the study. About 2 weeks after the visit to provide the SCP, the program manager will contact the patient, obtain verbal consent, and then administer the study measures by phone.

In addition, the SCP and a cancer survivorship article by Ganz will be mailed to the patient’s primary care provider along with a brief survey.